

Resources for Aboriginal children and young people

We have compiled a list of fun and engaging resources to help carers ensure Aboriginal children and young people remain connected to, and strong in, culture.

For more support resources, including activity sheets, please visit the online carer platform: www.childprotection.sa.gov.au/carers.

For all online resources, especially video recordings, we recommended that you view them first before allowing children to watch, to ensure the content is age-appropriate.

Teaching resources

Pinterest has some fun, colourful and creative craft activities and ideas to help children learn about and celebrate Aboriginal culture.

URL * tinyurl.com/yajly8s6

'Yulunga' provides information about traditional Aboriginal and Torres Strait Islander sports and games for children to try. Yulunga means 'playing' in Kamilaroi language (Aboriginal people from north-western NSW).

URL tinyurl.com/y97baznf

Aboriginal news sources

ABC Indigenous is a specific subsection of the ABC that brings together Aboriginal and Torres Strait Islander stories from around Australia.

URL abc.net.au/indigenous

National Indigenous Television (NITV) is a channel made by, for and about Aboriginal and Torres Strait Islander people.

URL sbs.com.au/nitv

Wellbeing activities

Various Aboriginal artists have released free downloadable colouring in pages to keep everyone busy during social distancing. These will make beautiful pictures to hang on the fridge and have the added bonus of celebrating Aboriginal culture through art.

We highly recommend checking these out.

URL fouroceans.pixieset.com/colouringpages

URL mulganai.com/collections/kids-free-colour-in

URL tinyurl.com/yaz6o7q2

Bobbi Lockyer has not only given us free colouring in pages (link above) but a great activity idea for natural paintbrushes out of plants and branches from the bush or your backyard.

URL tinyurl.com/y9r4tnbm

Spark Health is an Aboriginal owned business delivering health promotion programs and services. They are putting out daily workout videos on their social media.

URL tinyurl.com/yd5pnclq





Music

Follow ABC Indigenous on Spotify to find different playlists featuring Aboriginal artists.

Please check for explicit content warnings before letting little ears listen.

URL tinyurl.com/lcyyaujk

Triple J Unearthed is a goldmine when it comes to emerging Aboriginal singers and songwriters including 2019 Young Australian of the Year, Baker Boy, who weaves Yolngu language into his songs.

Please check for explicit content warnings before letting little ears listen.

URL triplejuneearthed.com/indigenous

For the kids

Jarjums is the NITV programming dedicated to children. Jargums means 'children' in Bundjalung language (Aboriginal people from northern-coastal NSW).

URL sbs.com.au/nitv/jarjums

Little Yarns is a co-listening podcast series for pre-schoolers. Ideal for families listening together at home or as a listening resource in early learning centres, Little Yarns explores the diverse languages, stories and countries of Aboriginal and Torres Strait Islander nations.

URL abc.net.au/kidslisten/little-yarns

Children love playing with playdough, goop and slime; and when they are tired from all that playing it might be nice to make and eat some damper together. Early words has compiled a list of these recipes with easy to follow instructions – let the fun commence!

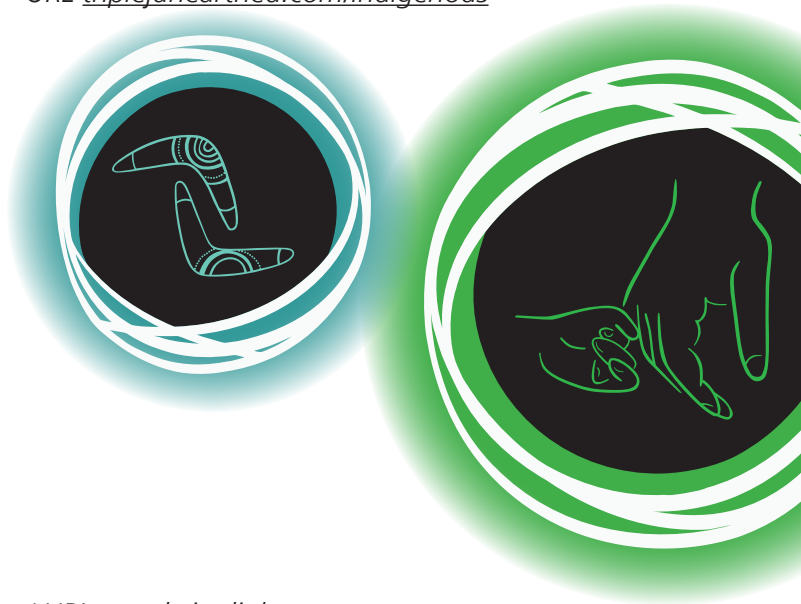
URL tinyurl.com/lcgo6rlm

Early words have also recorded six stories for children and young people, as told by Aunty Gloria from NSW.

URL tinyurl.com/y7mk7vqf

You can read some well-known Aboriginal stories with children and young people such as 'The Rainbow Serpent', 'Tiddalick the Frog' and 'The Seven Sisters' on Dreamtime's website.

URL <http://dreamtime.net.au/dreaming/story-list/>



*URL = website link